

# What's For Lunch & Snack?

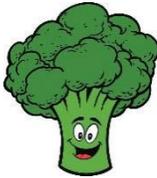


## EFCCA February 2026

All Meals Include:  
Milk & Whole Wheat Bread or Whole Grain Rice/Pasta  
All Snacks Include:  
100 % Fruit Juice or Water



Monday



Tuesday



Wednesday



Thursday



Friday



2	3	4	5	6
Goulash w/Meat Marinara Sauce Corn Whole Wheat Bread Chef's Choice Fruit  Snack: Chef Choice	Chicken Nuggets Baked French Fries Chef's Choice Fruit  Snack: Chef Choice	Fish Nuggets & Potato Tots Chef's Choice Fruit  Snack: Chef Choice	BBQ Meatballs Mixed Vegetables Whole Wheat Bread Chef's Choice Fruit  Snack: Chef Choice	Chicken Patties Potato Tots Whole Wheat Bun Chef's Choice Fruit  Snack: Chef Choice

9	10	11	12	13
Gravied Chicken Mixed Vegetables Whole Grain Rice Chef's Choice Fruit  Snack: Chef Choice	Chicken Tenders & Fries Chef's Choice Fruit  Snack: Chef Choice	Goulash w/Meat Marinara Sauce Corn Whole Wheat Bread Chef's Choice Fruit  Snack: Chef Choice	Hot Dogs Baked Beans Whole Wheat Bread Chef's Choice Fruit  Snack: Chef Choice	Baked Fish Nuggets & Corn Chef's Choice Fruit  Snack: Chef Choice

16	17	18	19	20
Gravied Meatballs Corn Whole Wheat Bread Chef's Choice Fruit  Snack: Chef Choice	Spaghetti w/Meat Marinara Sauce Mixed Vegetables Whole Wheat Bread Chef's Choice Fruit  Snack: Chef Choice	Hot Dogs Baked Beans Whole Wheat Bread Chef's Choice Fruit  Snack: Chef Choice	Cheese Ravioli w/marinara sauce String Beans Whole Wheat Bread Chef's Choice Fruit  Snack: Chef Choice	Chicken Nuggets Baked French Fries Chef's Choice Fruit  Snack: Chef Choice

23	24	25	26	27
Chicken Fried Rice Mixed Vegetables Chef's Choice Fruit  Snack: Chef Choice	BBQ Meatballs Corn Whole Wheat Bread Chef's Choice Fruit  Snack: Chef Choice	Hot Dogs Baked Beans Whole Wheat Bread Chef's Choice Fruit  Snack: Chef Choice	Fish Nuggets & Potato Tots Chef's Choice Fruit  Snack: Chef Choice	Cheese Ravioli w/marinara sauce String Beans Whole Wheat Bread Chef's Choice Fruit  Snack: Chef Choice

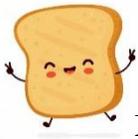

# What's For Breakfast?



## EFCCA

All Meals Include:  
Milk & Whole Wheat Bread or Whole Grain Rice/Pasta  
All Snacks Include:  
100 % Fruit Juice or Water

### February 2026



Monday



Tuesday



Wednesday



Thursday



Friday



2	3	4	5	6
Chef's Choice of <b>Cold Cereal &amp; Fruit</b>	<b>Pancakes and Scrambled Eggs</b> Chef's Choice Fruit	Chef's Choice of <b>Cold Cereal &amp; Fruit</b>	<b>Whole Grain Waffles And Turkey Sausage</b> Chef's Choice Fruit	Chef's Choice of <b>Cold Cereal &amp; Fruit</b>

9	10	11	12	13
Chef's Choice of <b>Cold Cereal &amp; Fruit</b>	<b>Pancakes and Scrambled Eggs</b> Chef's Choice Fruit	Chef's Choice of <b>Cold Cereal &amp; Fruit</b>	<b>Whole Grain French Toast And Turkey Sausage</b> Chef's Choice Fruit	Chef's Choice of <b>Cold Cereal &amp; Fruit</b>

16	17	18	19	20
Chef's Choice of <b>Cold Cereal &amp; Fruit</b>	<b>Waffles And Sausage Links</b> Chef's Choice Fruit	Chef's Choice of <b>Cold Cereal &amp; Fruit</b>	<b>Pancakes and Scrambled Eggs</b> Chef's Choice Fruit	Chef's Choice of <b>Cold Cereal &amp; Fruit</b>

23	24	25	26	27
Chef's Choice of <b>Cold Cereal &amp; Fruit</b>	<b>Whole Grain French Toast And Turkey Sausage</b> Chef's Choice Fruit	Chef's Choice of <b>Cold Cereal &amp; Fruit</b>	<b>Turkey Sausage Scrambled Eggs</b> Chef's Choice Fruit	Chef's Choice of <b>Cold Cereal &amp; Fruit</b>
